

Social Connectedness Scale – Revised

Directions: Following are a number of statements that reflect various ways in which we view ourselves. Rate the degree to which you agree or disagree with each statement using the following scale (1 = Strongly Disagree and 6 = Strongly Agree). There is no right or wrong answer. Do not spend too much time with any one statement and do not leave any unanswered.

	Strongly Disagree 1	Disagree 2	Mildly Disagree 3	Mildly Agree 4	Agree 5	Strongly Agree 6
				Strongly Disagree		Strongly Agree
1. I feel comfortable in the presence of strangers.....	1	2	3	4	5	6
2. I am in tune with the world.....	1	2	3	4	5	6
3. * Even among my friends, there is no sense of brother/sisterhood.....	1	2	3	4	5	6
4. I fit in well in new situations.....	1	2	3	4	5	6
5. I feel close to people.....	1	2	3	4	5	6
6. I feel disconnected from the world around me.....	1	2	3	4	5	6
7. Even around people I know, I don't feel that I really belong.	1	2	3	4	5	6
8. I see people as friendly and approachable.....	1	2	3	4	5	6
9. I feel like an outsider.....	1	2	3	4	5	6
10. I feel understood by the people I know.....	1	2	3	4	5	6
11. I feel distant from people.....	1	2	3	4	5	6
12. I am able to relate to my peers.....	1	2	3	4	5	6
13. I have little sense of togetherness with my peers.....	1	2	3	4	5	6
14. I find myself actively involved in people's lives.....	1	2	3	4	5	6
15. I catch myself losing a sense of connectedness with society.....	1	2	3	4	5	6
16. I am able to connect with other people.....	1	2	3	4	5	6
17. I see myself as a loner.....	1	2	3	4	5	6
18. I don't feel related to most people.....	1	2	3	4	5	6
19. My friends feel like family.....	1	2	3	4	5	6
20. I don't feel I participate with anyone or any group...	1	2	3	4	5	6

